



**Kostadima Vasiliki MD, MSc, PhD**

Director of the NHS, Neurology Clinic  
University Hospital of Ioannina  
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**EDUCATION**

- Department of Mathematics, Faculty of Physics and Mathematics, University of Ioannina, June 1984, "Very well, (8 & 1/26)"
- Medical School of the University of Ioannina, November 1990. "Very well, (8 & 31/66)"

**Foreign Languages:** English, French, Italian.

**I. PREVIOUS EXPERIENCE - CLINICAL EXPERIENCE**

**Present Position:**

26/7/2006- to 2012: Attending Nurse A/ ESU  
Neurology Clinic  
University General Hospital of Ioannina, Greece

10/2012-present : Director of the NHS  
Neurology Clinic  
University General Hospital of Ioannina

**Previous Positions:**

- 2/1991-4/1992 (1 year & 2 months) Rural Service, Rural Clinic of Zitsa
- 5/1992-9/1993 (1 year & 4 months) Resident at the Neurology Clinic of the P.P.G.H. of Ioannina
- 9/1993-4/1994 (7 months) Resident at the Psychiatric Clinic of P.P.G.N. Ioannina
- 5/1994-4/1995 (11 months) Resident at the Pathology Clinic of the General Hospital of Arta

- 4/1995-12/1996 (1 year & 8 months) Resident at the Neurology Clinic of the University Hospital of Ioannina
- 30/5/1997 Diploma of Medical Speciality
- 6/1997-10/1997 Free Practice (5 months)
- 11/1997-2/1998 (4 months). Postgraduate studies at the Institute of Human Physiology, University of Perugia, Italy, With a scholarship of the University of Ioannina within the Erasmus-Socrates program
- 3/1998-5/1998 Free Practice (2 months)
- 07/5/1998 - 23/12/04 ( 6 years & 7 months), Supervisor B' Neurology Clinic General Prefectural Hospital of Arta
- 22/12/2004 - 25/07/2006:(1 year & 7 months), Neurology Clinic, University General Hospital of Ioannina, Greece
- 01/9/2007- 31/8/2008 : Postgraduate leave for 1 year, Clinical Research Fellow, Imperial College, Hammersmith Hospital, London, UK

## II. SCIENTIFIC WORK

- A. Doctoral Thesis (PhD)
- "The role of cervical proprioceptors in eye movements and orientation"  
Department of Neurology and Sensory Organs. University of Ioannina  
Supported on 17/5/2005 - Grade "Excellent"
- B. Master's degree (MSc)
- Interdepartmental - Interdisciplinary Master's degree (University of Crete - University of Athens). February 2004-December 2007
  - Organization and Management of Health Services Professional Training Centre. National and Kapodistrian University of Athens. April 2010- November 2010

## III. PUBLICATIONS

1. "Weekly docetaxel in minimally pretreated cancer patients: A dose-escalation study focused on feasibility and cumulative toxicity of long-term administration" E. Briasoulis, V. Karavasilis, D. Anastasopoulos, E. Tzamakou, G. Foutzilas, D. Ramou, V. Kostadima, N. Pavlidis, "Annals of Oncology, 1999, 10:1-6
2. "Proprioceptive influence on the optokinetic nystagmus" F. Botti, D. Anastasopoulos, V. Kostadima, D. Bambagioni, VE. Pettorossi, Acta Otolaryngol 2001 Jan; 121(2):205-210
3. "Eye position signals modify vestibulo-and cervico-ocular fast phases during passive yaw rotations in humans" D. Anastasopoulos, D. Mantellos, V. Kostadima, VE Pettorossi Exp Brain Res 2002 Aug; 145(4):480-8

4. "Smooth pursuit deficits as a function of visual acuity in patients with unilateral degradation of foveal vision" V. Kostadima, E. Anagnostou, D. Anastasopoulos *European Journal of Neurology*, 2005, 12 Suppl 2: 255
5. "Bilateral paramedian thalamic infarcts" S Giannopoulos, V Kostadima, A Selvi, P Nicolopoulos, AP Kyritsis. *Arch Neurol*. 2006 Nov; 63(11):1652.
6. "Neurological manifestations of connective tissue diseases mimicking multiple sclerosis." SH Pelidou, S Giannopoulos, S Tzavidi, N Tsifetaki, G Kltsos, V Kostadima, A Drosos, A Kyritsis. *Rheumatology Int*. 2007 Nov; 28(1):15-20
7. "Cerebral venous thrombosis in a patient with ulcerative colitis". M. Diakou, V. Kostadima, S Giannopoulos, A Zikou, M Argyropoulou, A Kyritsis, *Brain Dev*. 2010 May
8. MS in South Asians in England: early disease onset and novel pattern of myelin autoimmunity. Nicholas RS, Kostadima V, Hanspal M, Wakerley BR, Sergeant R, Decuyper S, Malik O, Boyton RJ, Altmann DM. *BMC Neurol*. 2015 May 3;15:72. doi: 10.1186/s12883-015-0324-2. PMID: 25935418
9. Neuroendocrine cell carcinoma of unknown primary arising in long standing history of multiple sclerosis. Boussios S, Kostadima V, Batistatou A, Tourkantonis I, Fotopoulos G, Argyropoulou MI, Pavlidis N. *Case Rep Oncol Med*. 2015;2015:135976. doi: 10.1155/2015/135976. Epub 2015 Mar 24. PMID: 25878912
10. The association between multiple sclerosis and spondylosis: When and why. Xydis VG, Zikou AK, Kostadima V, Astrakas LG, Kosta P, Argyropoulou MI. *Eur J Radiol*. 2017 Jun;91:47-51. doi: 10.1016/j.ejrad.2017.03.017. Epub 2017 Mar 24. PMID: 28629570
11. Deciphering anti-MOG IgG antibodies: Clinical and radiological spectrum, and comparison of antibody detection assays. John S Tzartos, Katerina Karagiorgou, Dimitrios Tzanetakos, Marianthi Breza, Maria Eleftheria Evangelopoulos, Sygkliti-Henrietta Pelidou, Christos Bakirtzis, Ioannis Nikolaidis, Georgios Koutsis, Konstantinos Notas, Elisabeth Chroni, Ioannis Markakis, Nikolaos C Grigoriadis, Maria Anagnostouli, Anastasios Orologas, Dimitrios Parisi, Theodoros Karapanayiotides, Dimitra Papadimitriou, Vasiliki Kostadima, John Elloul, Iosif Xidakis, Thomas Maris, Paraskevi Zisimopoulou, Socrates Tzartos, Costas Kilidireas.. *J. Neurol Sci* 2020 Mar 15;410:116673.
12. Transient myocardial ischemia due to corticosteroid use in a patient with multiple sclerosis diagnosed with myocardial perfusion imaging. Sioka C, Nikas D, Tsoumani A, Kiortsis DN, Fotopoulos A, Kostadima V. *J Nucl Cardiol*. 2021 Aug;28(4):1805-1808. doi: 10.1007/s12350-020-02185-2. Epub 2020 May 11. PMID: 32394408 □
13. Co-Existence of Depression, Low Bone Mineral Density, and Vitamin D Deficiency in Patients with Multiple Sclerosis. Sioka C, Baldouma A, Papadopoulos A, Petrikis P, Batsi C, Kostadima V, Fotopoulos A, Kyritsis AP. *Psychiatr Danub*. 2021 Summer;33(2):201. PMID: 34185750