



## MARIA TZOVARA

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Graduated from National and Kapodistrian University of Athens Department of Nursing in 2002 and then University of Ioannina Medical School in 2007. On 2005 I was hired through ASEF as a nurse at the General Hospital of Hatzikosta using the degree of the University of Nursing. On 2008 started the neurology specialization initially as a resident for 9 months in the Department of Internal Medicine of the University Hospital of Ioannina. (Director-Professor M. Elisaf.) During this period of time I participated in the on-call program of the Department as well as in many conferences and workshops that had been taken place, involving the regulation of risk factors for induction of ischemic stroke (Hypertension, dyslipidemia, diabetes mellitus). On 2009 continued the specialty of Neurology with the 6-month training in the Psychiatric Clinic of the University Hospital of Ioannina. (Director-Professor V. Mavreas.) I participated in the on-call program of the Psychiatric clinic and in the treatment of patients with acute psychotic episodes. On 2014 I completed the specialization in Neurology with the training in the Neurology Clinic of the University Hospital of Ioannina. (Director- Professor A. Kyritsis.) During the above period of time, I faced multiple urgent neurological cases at the Hospital's Emergency Department through on-call duty, At the same time, I was trained in patient management in the outpatient clinics of the Neurology Clinic (special outpatient clinics of headaches, multiple sclerosis, stroke, epilepsy, Parkinson's disease). I was also trained for one year in the neurophysiological departments of the clinic. During on-call duty, we performed the first intravenous thrombolysis in Epirus for the treatment of ischemic stroke. The method was organized since then and expanded.

On 2014 I successfully passed the exams for obtaining the specialty title in Neurology.

The period 2015-2017 I was working as a nurse in a mental health hostel. On 2017 I was hired as Sr Doctor of Neurology at the Neurology Clinic of the University Hospital of Ioannina.

My main interest of working is the treatment of patients with diseases of the peripheral nervous system and the performance of the electromyograms.

#### POST-EDUCATIONAL DIPLOMAS

I attended many seminars, conferences, workshops that concern disorders and diseases such as multiple sclerosis, epilepsy, extrapyramidal disorders, stroke, migraine, neuromuscular diseases .

#### STUDIES OF PHARMACEUTICAL COMPANIES

- TERACLES PHASE 3 study (Teriflunamide study as a treatment for multiple sclerosis)
- Sp0993 PHASE3 study (lacosamide study as a monotherapy in epilepsy)

#### MEMBER OF COLLECTIONS

- 2007 Member of the Medical Association of Ioannina
- 2015 Member of the Greek Neurological Society

#### MEMBER OF SPECIAL COMMITTEES

- 2019 Member of the Scientific Council of the University Hospital of Ioannina